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Course/Seminar/Class	Date	Presenter/Teacher	CE	CE Type	Comments/Other
2018 Outdoor Emergency Care Refresher Cycle B	October 2018	National Ski Patrol	13.5	General	
2022 GastroANP Conference	October 2022	GastroANP	13.5	General	
13th International Herb Symposium	6/9-6/11 2017	Wheaton College, Norton, Ma	11	Pharm	
Adaptogens	Aug 2017	Herbalist & Alchemist	1	Pharm	
Affirming and Advocating for Transgender clients	May 2019	Riverbend Community Mental Health	2	General	
AHCC - A potential treatment for Persistent high risk HPV infection	March 2017	Holistic Primary Care	1	Pharm	
A Woman with PCOS Treated for Infertility by In Vitro Fertilization		Online, Medscape	0.5	Pharm	
Adrenal Stress & Support	Jan 2018	Herbalist & Alchemist	1	General	
Advanced Endocrinology Certificate Module		Metabolic Medical Institute			online; Fellowship in Metabolic and Nutritional Medicine
Advance Master Program on Treatment of Trauma	Oct-Nov - 2020	NIEANM	12	General	
Advance Topics of IV Nutrient Therapies & Emergency Medicine	Feb 25-26, 2017	International IV Nutritional Therapy for Professionals	4	General	
Advance Topics of IV Nutrient Therapies & Emergency Medicine	Feb 25-26, 2017	International IV Nutritional Therapy for Professionals	8	Pharm	
AHG: Part One: Fundamentals of Herbal Pharmacology	7-9pm EST, Wednesdays, November 9,16, 23, 30, 2016	Herbal Pharmacology with Guido Masé, RH:	8	Pharm	
AHG: Part Two: Herbal Pharmacology: Case Based Presentations	February 8, 15, 22, 3/7/17	Herbal Pharmacology with Guido Masé, RH:	8	Pharm	
AHG Training in the Eclectic Triphasic Medical System	on-line 2017	Donnie Yance	8	General	
Alteratives & Antidyscratics	June 2018	Herbalist & Alchemist	1	General	
Androgen Deprivation Therapy & Bone Loss in Men with Prostate Cancer		Online, Medscape	0.5	Pharm	
An Integrative Approach to Colds & Flu	January 2018	Innate Edu	1	General	
An Integrative Approach to Male Hormone Imbalances	March 2017	Standard Process - NE Nutritional Services	8	General	
Antipsychotic Medications in Children		Online, Medscape	0.5	Pharm	

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and Adolescents: A Pediatrician's Perspective					
Anxiety & Herbal Support	Nov 2017	Herbalist & Alchemist	1	General	
ART Intermediate Online Programme	October 2023	The Naturopathic Nutrition Association (NNA)	30	General	
Arvigo Technique of Maya Abdominal Therapy Level 1	Apr 2016	Laurie Freeman, LMT/ Arvigo Institute	17.5	General	NCBTMB (National board for therapeutic massage) approved
Avoiding Medications Errors in Psychiatry		Online, Medscape	1	Pharm	
Ayurveda and the Evolution of Modern Medicine	April 2017	The National Ayurvedic Medical Association	15	General	
Ayurveda and the Mind	April 2019	The National Ayurvedic Medical Association	25	General	
Ayurveda for a Healthy World	April 2018	The National Ayurvedic Medical Association	15	General	
Ayurveda Tomorrow Be the Change	April 2016	The National Ayurvedic Medical Association	16	General	
Basic Elements 1	April 2017	Cranial Sacral Alliance - Don Ash	18	General	
Biodynamic Osteopathy in the Cranial Field	October 2019	Naturopathic Medical Institute Vital Gathering	6	General	
Biomagnetism and Beyond	October 2018	usbomag.com	38	General	
BRB CE Group ND CE Course			4	Pharm	
BRB CE Group ND CE Course			2	Acupuncture	
CAM Supplement Use in People with Diabetes	May 2021	Dietician 360	10	General	
CBD for Anxiety & Depression	Sept - 2019	CV Sciences	2	General	
Child Lethality	May 2019	Riverbend Community Mental Health	3	General	
Children's Health	Aug 2019	Herbalist & Alchemist	1	General	
Chronic Bowel Disorders	Nov 2018	Herbalist & Alchemist	1	General	
Chronic Pain Medication Weaning		ConsultDrA.com	1.5	Pain	
Course II: Illustrated Comparative Materia Medica Pura	All Sessions	Dr. Andre Saine	36	General	
CranioSacral Therapy 1	Apr 2018	Upledger	34	General	
Diabetes Remission Through Nutrition	Oct 2023	Dietitian 360	5	General	
Emotional Stress	Dec 2019	Herbalist & Alchemist	1	General	
Endocannabinoid System - Beyond CBD	Sept 2019	Dr. Michael Murray	1	General	

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Endocrine Health in Women: Mood, Sleep, Inflammation, and Insulin Resistance	May 2018	GAIA	1	Pharm	
End of Life Doula	Mar 2020	University of Vermont	8	General	
Environmental Toxicity and Reproductive Health	Jan 2017	Jaclyn Chasse; on-line	2	General	
First Annual New England Conference on ADHD	June 2017	Benton Bramwell, ND	6	General	
First Line Therapy Certification		Metagenics	12	General	
Focus & Concentration	Sept 2019	Herbalist & Alchemist	1	General	
Functional Diagnostic Medicine Training Program		Functional Medicine University	200	General	for 9 Modules
Functional Endocrinology - Connecting Nerve research with practical applications	Apr 29-30, 2017	Apex Energetics	12	General	
Functional Endocrinology - Connecting Nerve research with practical applications	Apr 29-30, 2017	Apex Energetics	4	Pharm	
Gemmotherapy Webinar		Seroyal	16	General or Pharm	for all 8 sessions
General Laser Therapy Principles	Jan-21	AIMLA	1.5	General	Online
Heart Math Clinical Certification for Stress, Anxiety, and Emotional Regulation	Online	HeartMath	20	General	Online
Herbal Nootropics	Aug 2017	Herbalist & Alchemist	1	General	
Herbal Emotional Support During Uncertain Times	August 1, 2020	Herbalist & Alchemist	1	General	
Herbal Support for Sleep & Insomnia	December 1, 2020	Herbalist & Alchemist	1	General	
Herbs for Inflammation	May 16, 2017	Herbalist & Alchemist	1	Pharm	
Herbs for Sleep and Insomnia	Dec 16, 2017	Herbalist & Alchemist	1	Pharm	
Homeopathic Home Prescribing - 50 remedies	Sept. 8 & 15, 2017	Pamela Herring	6	General	
How to build a social media community your patients will love		Emerson Ecologics	1	General	
Hyperbaric Oxygen Therapy		International Board of Undersea Medicine	40	General	
ILADS		ILADS		General	
Illustrated Materia Medica	All Sessions	Dr. Andre Saine	30	General	

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Injection technique and Advance response testing	Sep 2018	Klinghardt Academy	48	General	
Integrative Approaches to Infertility	4 week on-line course	Dr. J Chasse, ND	14	General	
Integrative Approaches to Infertility		Dr. J Chasse, ND	1	Pharm	
Integrative Medicine for depression	Dec 2018	Dr. James Greenblatt, ND	4	General	online
Introduction to Laser Therapy Principles	Jan 2021	AIMLA	3	General	online
Intro to Family Constellation		Inner Arts Institute	8	General	
Kinsei Manual Therapy Basic Introductory Course	Nov 2017	Kinsei Institute of N. America	6	Acupuncture	
Kinsei Manual Therapy Basic/Advanced Level Review Course	Nov 2019	Kinsei Institute of N. America	6	Acupuncture	
Level II Yi Ren Qigong	Sept 2019	Institute of Qigong and Integrative Medicine	21	General	
Life Fortified - The case for dietary supplements	May 2017	Innate Edu	1	General	
Maintaining a Healthy GI Inflammation Response	Apr 2018	Innate Response	1	General	
Massage Therapy for Pain Management	Dec 2020	NCBTMB	1	Pain	
Mastering the Thyroid		University of Bridgeport	16	General	
Mastering the Thyroid		University of Bridgeport	4	Pharm	
Mayo Clinic Talks Podcast: Opioid Edition	Aug 2019	Mayo Clinic College of Medicine & Science	3	Pain	
Medical Laser Safety	Jan 2021	AIMLA	0.5	General	online
Medications for the Treatment of Diabetes	May 2021	Dietician 360	40	General	
Medscape		Medscape			Credit Type AMA
Meridian Autonomic Testing		Drs. Frank and Matt Cucolo	8	General	
Meridian Autonomic Testing and Applied Clinical Nutrition Parts 1 & 2		Drs. Frank and Matt Cucolo	12	General	
Methylation and Clinical Nutrigenomics: Part 1		Dr. Ben Lynch	13	General	
Microbiome Symposium: An evaluation of gut health	Mar 2017	Genova	4	General	
Mindfulness Based Stress Reduction	Jan - March - 2018	Concord Hospital for Health Promotion	29	General	
Natural Solutions for Lyme Disease, Viruses & Vaccines		Seroyal	13	General	
Nervines	Jan 2017	Herbalist & Alchemist	1	Pharm	

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NESH 2 year course Homeopathy		Paul Herscu	240	General	
Nutrient Deficiencies - the hidden dangers of a silent epidemic	Apr 2017	Innate Edu	1	General	
Nutritional Perspectives on Neurological Disorders		Court Vreeland, DC	6.5	General	
Outdoor Emergency Care	December – April 2024	Pleasant Mountain, ME	30	General	
Overview of the Immunizations Schedule for Young Children, Including Hot Topics in Vaccine Safety		Online, Medscape	1	Pharm	
Pacific College of Oriental Medicine, Pacific Symposium		Pacific College of Oriental Medicine	6	Acupuncture	
Pain and Inflammation Masterclass	May 2021	Health Master Live	12	General	online
Pharmacology	Oct-Nov 2017	Health Masters	12	Pharm	
Phytonutrients - eating with a healing intent	June 2017	Innate Edu	1	General	
Placebo Controlled Trials in Insomnia: Emerging Targets for Chronic Sleep Maintenance Insomnia		Online, Medscape	0.5	Pharm	
Postpartum and Newborn care		Journal of Midwifery and Women's Health	20	General	
Pioneering the Future of Functional Medicine & Neuro-Adaptations of Brain Function	Oct 2017	Xymogen - Stephanie Clark, DC	2.5	General	
Respiratory Health	Nov 2019	Herbalist & Alchemist	1	General	
Scientific Basis of Medical Lasers	Jan 2021	AIMLA	1	General	online
Seroyal: Assessment and Treatment of Infant Developmental Disorders, Childhood Cognitive Function and Hypercholesterolemia		Seroyal	13	General	
Seroyal: Assessment and Treatments of Neurological Disorders Including ADHD & Autism		Seroyal	13	General	
Seroyal: Clinical Applications for Healthy Breast Functions and Lymphatic Drainage		Seroyal	13	General	

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Seroyal: Clinical Applications Using Biotherapeutic Drainage and UNDA numbers		Seroyal	13	General	
Seroyal: Clinical Applications Using Gemmotherapy, Oligo-elements, & Other Biotherapeutic Modalities		Seroyal	14	General	
Seroyal: Differential Clinical Diagnosis Using Biotherapeutic Drainage		Seroyal	13	General	
Seroyal: Evolution of Disease and Biotherapeutic Drainage for Individualized Medicine		Seroyal	19.5	General	
Seroyal: Holistic Assessment and Treatments for Women's Health Conditions		Seroyal	13	General	
Seroyal: Homeopathy for the Individual Terrain...Miasms, Temperaments, Constitutions	Sessions 1, 2, 3	Seroyal	26	General - for each session	
Seroyal: Homeopathy, Clinical Practice, & Prescription		Seroyal	26	General	
Stress-induced Sleep Challenges: Limbic System Restoration with Botanicals	Sept 2017	Gaia	1	Pharm	
SSADH SYMPOSIUM	3/31-4/1 2016	HARVARD MEDICAL S	8.5	General	
Supporting Joint Health	Nov 2018	Innate Edu	1	General	
The Complete Guide to Carb Counting	May 2021	Dietician 360	10	General	
The Emerging Therapeutic Target: Improving Therapeutic Outcomes by Treating the Intersection of Osteoporosis, Cardiovascular Disease, Type 2 Diabetes, and Arthritis	Bedford, MA & New York, NY	Jeffrey Bland	6	General	
The Functional Diagnostics Masterclass - HPA & Sex Hormones	Sept-Oct 2017	Health Masters	12	General	

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The Game Changer Strategies for Digestive & Nervous System Health	Nov 2016	Standard Process	8	General	
The Natural Women's Health Masterclass - webinar series	Dec 2017	Health Masters	15	General	
The Role of Probiotics in Human Health	Aug 2018	Designs for Health	1	General	
Treatment Modalities for Eating Disorders		Plymouth State University, Concord, NH	3	General	
Treatment of Neuro-Developmental and Neurological Disorders		Seroyal	13	General	
Turmeric: Exploring the Use of a Potent Spice for it's Health Promoting Qualities	Oct 2018	Innate Edu	1	General	
Update on GERD management	Jul 2017	Innate Edu	1	General	
Using Mushrooms and Herbs to Support Healthy Immune and Energy Function	Jul 2017	Gaia	1	General	
Vaccine Class		Jen Green; approved by J. Chasse	9.75	Pharm	
Vaccine Class		Jen Green; approved by J. Chasse	4.25	General	
When Antibiotics Fail		Satya Ambrose	2.25	Pharm	online - www.naturopathicce.com
Women's Health Part 1	May 2017	Innate Edu	1	General	
www.naturopathicCE.com		www.naturopathicCE.com			courses offered online approved site
Infectious Disease - Pharmacology - NPLEX	Dec 2018	www.naturopathicCE.com	1.5	Pharm	Christie Fleetwood, ND, RPh